

OMEGA3-EC 1000 mg

Description: _____

Each enteric coated Omega-3 capsule contains 1000mg fish oil concentrate comprises Omega-3 fatty acids as an active ingredient.

Fish oil is a rich source of the essential Omega-3 fatty acids. Each 1000mg Omega-3 contains 180mg EPA (Eicosapentaenoic acid) and 120mg DHA (Docosahexaenoic acid).

Serving size: 1 softgel	Amount per softgel	DV %*
Fish oil	1000mg	†
EPA (Eicosapentaenoic Acid)	180mg	†
DHA (Docosahexaenoic Acid)	120mg	†
* Percent daily value are based on a 2000 calorie diet		
† daily values not established.		
Inactive ingredients: Alpha tocopherol acetate, Gelatin, Methyl paraben, Propyl paraben, Glycerol, Polyethylene glycol, Hydroxypropyl methylcellulose, Triacetin, Propylene glycol.		

Category: _____

Supplement

Indications: _____

This product helps lower cholesterol levels, improve cardiovascular health and reduce inflammation.

Functional Properties: _____

Omega-3 fatty acids have many potential benefits for your cardiovascular health. One key benefit is that they help lower your triglyceride levels. Hypertriglyceridemia raises your risk of atherosclerosis, and through this, can increase your risk of heart disease and stroke. So, it's important to keep triglyceride levels under control. In addition, Omega-3s may help you by raising your HDL and lowering your blood pressure.

Some studies show Omega-3s may lower your risk for Cardiovascular disease (CVD), death, if you have CVD, sudden death caused by an abnormal heart rhythm (arrhythmia) and blood clots.

Contraindication: _____

You should NOT take this supplement if you:

Are allergic (hypersensitive) to the active substance (Omega-3 fatty acids) or any of the other ingredients of this supplement.

Pregnancy and Breastfeeding: _____

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this supplement.

Pregnancy

You should take this supplement only if benefit outweighs risk.

Breastfeeding

You should not take this supplement if you are breastfeeding, unless your physician decides it is absolutely necessary.

Warnings and precautions: _____

This product is a supplement and is not intended for diagnosis, prevention or treatment.

Talk to your doctor or pharmacist before taking this supplement if you:

- Are due to have or have had surgery recently
- Have had a trauma recently
- Have a kidney or liver problem
- Suffer from diabetes which is not controlled
- Suffer from arrhythmias
- Are older than 70 years
- Suffer from hemorrhagic disorder

Drug interaction: _____

Please tell your physician or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtain without a prescription. This applies especially to the medicine listed below:

Ibuprofen, Aspirin, Clopidogrel, Cilostazol, Dabigatran, Diclofenac, Dipyridamol, Enoxaparin, Heparin, Ibuprofen, Indomethacin, Ketorolac, Meloxicam, Naproxen, Pentoxifylline, Piroxicam, Rivaroxaban, Warfarin, Tolmetin, Ticlopidine, Tirofiban and Reteplase.

Dosage & Administrations: _____

Always take this softgel exactly as your physician has told you.

Adjunct to diet and statin in type II or III hypertriglyceridemia and adjunct to diet in type IV hypertriglyceridemia adult:

Initially 2 capsules daily, increased if necessary, to 4 capsules daily.

Adjunct in secondary prevention in those who have had a myocardial infarction in the preceding 3 months:

1 capsule daily

Swallow the capsules with food and a full glass of water.

Your physician will decide how long you should take this supplement.

Side effects: _____

Like all supplement, this supplement can cause side effects, although not everybody gets them. Possible side effects of this supplement are:

Common or very common (incidence > 1%):

Stomach problems and indigestion (dyspepsia), nausea, vomiting, diarrhea, constipation

Uncommon (0.1% < incidence < 1%):

Abdominal and stomach pain, skin reactions, dizziness, taste altered, hemorrhage, headache, hyperglycemia, hypotension.

Rare or very rare (incidence < 0.1%):

Liver disorder

Storage: _____

Store below 30°C, and protect from light and moisture.

Keep out of reach of children.

Marketing authorization holder: Iran Daru Co.

Manufactured at Iran Daru pharmaceutical company

Reference: _____

BNF-84