

**Description:**

This product is available as capsule. Each capsule contains 300mg extract of Avocado- Soybean, 100mg Ginger extract and 400IU vitamin D3 as active ingredients, for oral use.

Serving Size: 1 Capsule	Serving per container: 30
Active Ingredients	Amount per serving
Total Extract of Avocado-Soybean Unsaponifiables	300 mg
Unsaponifiables Avocado	1 part
Unsaponifiables Soya	2 part
Ginger Extract	100 mg
Vitamin D3	400 IU
Inactive Ingredients: Lactose, Taic	

**Category:**

Supplement

**Indications:**

This product is used to help joint regeneration, decrease joint inflammation and pain, prevent progressive destruction of cartilage, help moving in affected joints and decrease the needs for analgesics.

**Functional Properties:**

This product contains Avocado- Soy extract and using for 3 months to 3 years helps to regenerate cartilage, reduction in osteoarthritis progress, and joint pains, with stimulating collagen and proteoglycan synthesis. Gingerol and Shogaol components in Ginger extract, cause to reduction in prostaglandin and leukotriene levels with suppressing cyclooxygenase and 5- lipoxygenase enzymes, therefore reduce the inflammation and pain in joints.

Vitamin D3 was added to the product for preventing of vitamin D deficiency that is prevalent around the world, regardless of age and health status of the people. According to the latest researches results, vitamin D deficiency is associated with increased risk of osteoporosis and bone fractures, joints inflammation, common cancers, autoimmune diseases, high blood pressure and infectious diseases.

**Contraindications:**

You should NOT take this supplement if you:

- Are allergic to any component of this product

**Pregnancy and Breastfeeding:**

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this supplement.

**Drug interaction:**

Please tell your doctor or pharmacist if you are taking, have recently taken any other medicine, including medicines obtain without a prescription.

**Warnings and Precautions:**

This product is a supplement and is not intended for diagnosis, prevention and treatment.

Dietary supplements should not be used as a substitute for a balanced diet and a healthy lifestyle.

Talk to your doctor or pharmacist for advice before taking this supplement if you:

- Have diabetes
- Suffer from hypertension, or have history of hypotension

**Dosage and Administrations:**

Take 1 capsule daily during a main meal.

**Side effects:**

There is no report of side effects with this capsule if used in directed way.

**Storage:**

Store below 30°C and protect from moisture and light.

Keep out of reach of children.

**Marketing authorization holder:** Iran Daru Co.

Manufactured at Iran Daru pharmaceutical company

**Reference:**

Martindale 39th