

*Lederle*

## B1-B6-B12

**Description:**

Vitamin B1 / B6 / B12 is available as F.C tablet. Each tablet contains 100mg vitamin B1, 100mg vitamin B6 and 200mcg vitamin B12 as active ingredients for oral use.

Serving Size: 1 tablet	Serving per Container: 30 Tablets
Active Ingredients	Amount per Serving
Vitamin B1	100mg
Vitamin B6	100mg
Vitamin B12	200mcg
Inactive Ingredients: Povidone, Microcrystalline, Cellulose, Croscarmellose sodium, HPMC, Titanium dioxide, PEG, FD & DC red and blue, Magnesium stearate, Talc	

**Side effects:**

Like all medicines and supplements, this supplement can cause side effects, although not everybody gets them. Possible side effects of this supplement are:  
Neurotoxicity (in high doses and long-term use), increased liver AST enzyme, vascular thrombosis, pulmonary edema and congestive heart failure in, allergic reactions and itching.

**Storage:**

Store below 30°C and protect from light and moisture.  
Keep out of reach of children.

**Marketing authorization holder:** Iran Daru Co.

Manufactured at Iran Daru pharmaceutical company

**Reference:**

BNF-84

**Category:**

Supplement

**Indications:**

This product is used to help provide B1, B6 and B12 vitamins needed by the body and support nervous system health.

**Functional Properties:**

Vitamins play an important role in many vital functions of the body. They support our nervous system and help to create red blood cells. They also increase the metabolism and the proper absorption of other nutrients. For this reason, the consumption of vitamins, especially vitamins of the B family, plays a significant role in health.

**Contraindication:**

You should NOT take this supplement if you:

- Are allergic (hypersensitive) to vitamins of the B group or any ingredients of this supplement.

**Pregnancy and Breastfeeding:**

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your physician or pharmacist for advice before taking this supplement.

**Warnings and Precautions:**

This product is a supplement and is not intended for prevention, diagnosis and treatment.

Vitamin B6 is usually non-toxic but chronic use of high doses may show neurological side effects.

Therefore consult your physician or pharmacist before increasing dose or repeating the course of using this vitamin.

**Drug interaction:**

Please tell your physician or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. This applies especially to the medicine listed below:

Phenytoin, Barbiturates (such as Phenobarbital), Levodopa, Isoniazid, oral contraceptives and intravenous Chloramphenicol.

**Dosage & Administrations:**

Always take medicine and supplement exactly as your physician has told you.

Adult: Take 1 tablet per day with food and a full glass of water.