

145 mm

210 mm

*Lederle***ZINC PLUS**

Description: _____
Zinc plus is available as capsule. Each Zinc plus capsule contains Zinc sulfate, Vitamin C, B1, B2, B3, B5, B6, B12, Biotin, Folic acid as active ingredients, for oral Use.

Serving Size: 1 Capsule	Serving per container: 30	
Active ingredient	Amount per serving	DV%
Zinc (as Sulfate)	10mg	91
Vitamin B1	1.3mg	108
Vitamin B2	1.5mg	115
Vitamin B6	1.6mg	94
Vitamin B12	3mcg	125
Vitamin B3 (Niacinamide)	9mg	56
Biotin	150mcg	500
Vitamin B5(Pantothenic acid)	6mg	120
Folic acid	200mcg	83
Vitamin C	100mg	111
*Percent daily values are based on a 2000 calories diet.		
Inactive ingredients: Microcrystalline Cellulose, Lactose Monohydrate		

Category: _____
Supplement

Indications: _____
Zinc plus capsule is used to support skin, hair and nail health, enhance the immune system and help provide B vitamins and vitamin C.

Functional Properties: _____

Zinc

Zinc is an important nutrient needed for many functions in the body. It contributes to the maintenance of normal skin, hair and nails as well as to normal cell division and to the protection of cells from oxidative stress. The various B vitamins also play an important role in cell division and the protection of cells from oxidative stress. In addition, vitamin C contributes to normal collagen formation, normal skin, and the protection of cells from oxidative stress.

This product will supply a good amount of the mineral, as well as other key hair nutrients such as Biotin, Pantothenic acid and Vitamin B12. It is needed for immune system deficiency of the body work properly. It plays a role in cell division, cell growth, wound healing, and the breakdown of carbohydrates.

Vitamin C

Although many mammals can produce vitamin C, human depend on food sources to supply it. Not receiving the required amount of vitamin C from foodstuffs and lack of sufficient body stores leads to this vitamin deficiency and air pollution, smoking, fighting infections and some diseases like type 2 diabetes increases the body need to it. Vitamin C has a role in several physiological and metabolic processes. Along with antioxidant effect and protecting the body against free radicals, vitamin C has a key role in the proper function of immune system involved cells and adequate intake of this vitamin from dietary regimen or supplements is necessary for proper immune response and fighting against infections.

B Vitamins

Supply the energy needed by the cells.

Biotin and Pantothenic acid

Support hair growth, strong nails and glowing skin (deficiency of this vitamin B triggers hair loss).

Contraindications: _____

You should NOT take this supplement if you:

- Have hypersensitivity to any components of this product.
- Suffer from renal failure
- Are using medicines containing Aluminium such as Aluminium hydroxide continuously.

Pregnancy & Breastfeeding: _____

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your physician or pharmacist for advice before taking this supplement.

Warnings and Precautions: _____

This product is a supplement and is not intended for diagnosis prevention or treatment.

Dietary supplements should not be used as a substitute for a balanced diet and a healthy lifestyle.

Talk to your doctor or pharmacist before taking this supplement if you:

- Are suffering from sideroblastic anemia, thalassemia, hemochromatosis, Sickle cell anemia.
- Have high blood iron level.
- Are under treatment with Penicillamine (observe the minimum 2 hours' interval between taking Penicillamine and this product).
- Are taking Fluoroquinolones (such as Ciprofloxacin, Levofloxacin, Gemifloxacin, Moxifloxacin, Ofloxacin), Tetracycline, Doxycycline and Minocycline (should be used at least 2 hours before or 4 to 6 hours after using this product).

Avoid the concomitant use of this supplement with large amounts of chromium.

Interactions: _____

Please tell your physician or pharmacist if you are taking or have recently taken any other supplements. This applies especially to the medicines listed below: Cisplatin, Penicillamine, Fluoroquinolones (such as Ciprofloxacin, Levofloxacin, Gemifloxacin, Moxifloxacin, Ofloxacin), Tetracycline, Doxycycline, Minocycline, hormonal products (including topical products), Simvastatin, Lovastatin, Atorvastatin, Rosuvastatin, Fenofibrate, Clofibrate, Gemfibrosil, Ezetimibe.

Dosage & Administrations: _____

Adults: Take 1 capsule daily with water, preferably with a meal.

- Take zinc supplements at least 2 hours before or 4 hours after antibiotics.
- Do not take more than the recommended dose.

Side effects: _____

Like all medicines and supplements, this supplement can cause side effects, although not everybody gets them. possible side effects of this supplement are: Nausea, vomiting, diarrhea, a metallic taste in the mouth, esophagitis, heart burn, abdominal cramps, gastrointestinal obstruction, fatigue, flushing, headache, insomnia, precipitation of urate, oxalate or cysteine stones in the urinary tract.

Storage: _____

Store below 30°C and protect from light and moisture.
Keep out of reach of children.

Marketing authoraization holder: Iran Daru Co.

Manufactured at Iran Daru pharmaceutical company

Refrence: _____

BNF-8401

www.lederle.ceo