

**GinCap<sup>®</sup>***Lederle*

**Description:** \_\_\_\_\_  
Ginseng is available as capsule. Each capsule contains 1000mg Ginseng as an active ingredients, for oral use.

Serving size: 2 Capsules	Serving per Container: 15	
Active Ingredients	amount per serving	DV %*
Panax Ginseng Rhizome extract (standardized to 10% Ginsenosides)	1000mg	†
Inactive Ingredients: Lactose, Talc, Magnesium Stearate, Sodium starch glycolate		

**Category:** \_\_\_\_\_  
Natural products

**Indications:** \_\_\_\_\_  
Improve sexual, physical and mental potency.

**Functional Properties:** \_\_\_\_\_  
One of the most well-known types of ginsengs is Panax ginseng, also called Asian or Korean ginseng. The main active components of Panax ginseng are ginsenosides, which have been shown to have a variety of beneficial effects, including anti-inflammatory, antioxidant, and anticancer effects. Results of clinical research studies demonstrate that Panax ginseng may improve psychologic function, immune function, and conditions associated with diabetes.

**Contraindications:** \_\_\_\_\_  
Have hypersensitivity to any of the ingredients of this product.

**Pregnancy and Breastfeeding:** \_\_\_\_\_  
Not intended for use by pregnant or nursing women.

**Warnings and Precautions:** \_\_\_\_\_  
Talk to your physician or pharmacist before taking this product if you:

- Have hypersensitivity to any of the ingredients of this product.
- Have diabetes
- Suffer from high or low blood pressure or cardiac disease (such as abnormal heart rhythm, rheumatic heart disease)
- Have history of bleeding/clotting problems
- Have certain mental mood disorders such as schizophrenia
- Suffer from overactive immune system disorders (such as lupus, rheumatoid arthritis, multiple sclerosis)
- Suffer from conditions that are affected by estrogen (such as endometriosis, uterine fibroids, cancer of the breast/uterus/ovary)

**Monitoring parameters**  
Ginseng may lower or raise blood sugar levels.  
If you have diabetes, monitor your blood sugar more carefully while using this product, and report any unusual results or symptoms to your doctor.

**Driving and using machines**  
This product may make you dizzy or drowsy. Do not drive, use machinery or do anything that needs alertness until you can do it safely.

**Drug Interaction:** \_\_\_\_\_  
Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. This applies especially to the medicines listed below:  
Digoxin, Morphine, Warfarin or Clopidogrel, Diabetes medications (including Insulin & glyburide), Furosemide, High blood pressure or heart medications (such as Diltiazem, Nifedipine, Verapamil), Monoamine oxidase inhibitors (such as Selegiline, Isocarboxazid, or Tranylcypromine), Stimulants (such as amphetamine and Dextroamphetamine) and Methylphenidate, Drugs that affect the immune system.

**Dosage and Administrations:** \_\_\_\_\_  
Always take this supplement exactly as your physician has told you.  
Adults: Take two capsule per day with water, preferably with a meal.

**Side effects:** \_\_\_\_\_  
Possible side effects of Ginseng capsule are:  
Trouble sleeping (insomnia), menstrual problems, breast pain, increased heart rate, high or low blood pressure, headache, loss of appetite, diarrhea, itching, rash, dizziness, mood changes, vaginal bleeding.  
Stevens-Johnson syndrome, liver damage, and severe allergic reactions.

**Storage:** \_\_\_\_\_  
Keep this product below 30°C and protect from moisture and light.  
Keep out of reach of children.

**Marketing authorization holder:** Iran Daru Co.  
Manufactured at Iran Daru pharmaceutical company

**Reference:** \_\_\_\_\_  
**Natural Medicine, Health Canada**